

Module B2 Quiz: Boundary Skills & Assertiveness

Question 1: What is it called when we tell somebody what is OK with us and what is not OK with us?
Question 2: Describe how to use the repetition technique for verbal assertiveness.
Question 3: Discuss the facts about who poses the greatest risk to young people’s safety and who is responsible or at fault for harm to teens and children.
Question 4: If an adult were to approach a middle school-aged kid at the grocery store and grab their arm, based on what we have learned, what could that person do to defend themselves?
Question 5: What will you most remember from today’s lessons?

Module B2 Quiz Answer Key

Question 1:
Setting a boundary or being assertive.
Question 2:
Choose one phrase or sentence about what we want or don't want and repeat it over and over.
"I don't want to be touched. I said, I don't want to be touched! Don't touch me!"
Question 3:
Teens and children, sadly, are most vulnerable to assaults by people they know. It is never a person's fault for being targeted for harm.
Responsibility for abuse or harm always lies with the offender.
Question 4:
Yell, "Don't touch me! Let Go!" Turn their body and take a strong balanced stance. Do a wrist release skill and if needed, follow up with a kick or strike. Then run to a safe place with safe people like the front of the store or customer service desk.
Question 5:
Accept all relevant student thoughts.